

Navigating Change - a talk by Nigel Latta

Clinical psychologist and TV celebrity, Nigel Latta, will be presenting at both Settlers and Fairview Lifestyle villages in his usual thought provoking and humorous style. Be entertained and inspired on how to live a meaningful life in your retirement years and make the rest of your life, the best of your life.

Be our guest to hear Nigel Latta Thursday 8 October

Settlers Tour
11.00am to 12.00pm

Presenting Nigel Latta
12.00pm to 1.00pm

550 Albany Highway Albany



Fairview Tour

1.30pm to 2.30pm

Presenting Nigel Latta
2.30pm to 3.30pm

21 Fairview Avenue Albany

Attendance by Registration Only RSVP below to your village of choice

Call Rosalie at Settlers on 0800 102 652

or email: rosalie@settlersalbany.co.nz www.settlersalbany.co.nz



Call Robyn at Fairview on 0800 102 662

or email:

robyn.rangi@fairviewvillage.co.nz www.fairviewvillage.co.nz



