# The Village News



Reception Phone: 477 3900 Nurses 24 hours: 021 861 706 29 March - 4 April 2021 No. 161

#### Village Manager's Corner

I would like to acknowledge the great team at the Front Desk Robyn, Cherie, Nicki and the rest of the team for really keeping a lively vibe at the reception which also compliments the hospitality and standard of food from the kitchen. Cherie and Nicki will be on leave this Friday and so the Front Desk will be covered by Diana and Robyn.

I would like to remind residents that before any additions or changes are made to the inside or outside of your unit, that you do need to obtain permission from the operator. If you are planning any changes please could you come and discuss this with me first. Once I have had approval from the operator, I will confirm this and a confirmation will be put on your file to record the changes and/or improvements that you have made.

Attached below is a picture of our new addition to the garden family. This is Roger and we have purchased him to spray weed killer on the grass throughout the village. We have received great feedback as Roger does not make a noise and there is no smell. I would ask that if you have asked for your grass not to be sprayed before Roger joined the team and are happy to have Roger come visit your lawn then please let us know.



Great news with regards to the road works outside the main entrance to the village. This coming Monday, weather depending, the traffic lights will have been taken away, the road markings will be completed and normal access to and from the village will resume.

Robyn has been very busy welcoming new residents and showing prospects around the village.

I hope you all have a great weekend !!!

Adrian

#### **Nurses Corner**

Hi All.

#### Influenza Immunisation

I haven't heard anything else regarding this yet but as soon as I get the information I will pass it on to you. There is no need for you to do anything at this point.

#### Speeding

I am apologising in advance but I see a few of you looking at me with a steely glance and some of you wave your fists when I speed past. I promise you I am not disobeying all the speed rules but answering an emergency alarm.

I'm never going to do 100 and I am looking out for you, but I will be going as fast and safely as I can to answer that alarm. It may be yourself or a visitor that needs care.

#### My News

Ageing can be tough for everyone!!

I was given some lovely tomatoes from one of the residents here and they were so delicious that my partner took the pips to dry out and to plant. He diligently put them to dry in neat rows on a paper towel and put them on the kitchen bench. Coming home later he couldn't find them at all. I was rung at work because of course I must have been the culprit to throw away his good work. It wasn't me and I had no idea so next on the firing line was my mother. I said "Dorothy did you see a paper towel here with pips on" - "no" replied mum. Mum returned later with a nice serviette with polka dots on that she had used to cover something - her eyes not being what they used to be saw the paper towel with pips and thought it was a very pretty serviette with polka dots. Luckily all ended well.

Stay well everyone.

Catharina (co)



#### **Food Service Update**

Hello to all residents.

Could all crockery that belongs to the café please be returned that you may have at home. In particular we are desperately missing the following pieces:

- 1 glass cake plate with a scalloped edge
- 1 white cake plate with gold embellishment
- 5 white pasta bowls
- 6 black pasta bowls, both ceramic and melamine

And of course any dinner, side or dessert plates.

#### Art Deco dinner

Just a reminder this is on Thursday 13 May.

#### Bespoke out-catering

We are able to offer a delicious selection of home-made sweet and savoury options to you, your family or friends have a special occasion or celebration, whether it is off site or in the village. Tailor-made options include home-made savouries, tarts, cookies as well as sweet or savoury danish to order. And of course our regular function favourites.

We provide a large selection of cakes, including gluten-free. Please enquire about sizes, flavours, fillings and decorations.

Off-site delivery can be arranged.

Have a wonderful week.

Warm regards Marion

### Welcome to New Residents

A big welcome to new residents moving into the village. Please make a point of saying hello and welcoming the following residents to Fairview Village.





#### Strength and Balance

Monday 29 March at 10.30am 2<sup>nd</sup> Floor Lounge.

Please remember to bring your water bottles – it is very important to keep your liquids up.

#### T'ai Chi

Tuesday 30 March at 2.30pm in the 2<sup>nd</sup> Floor Games Room.

Your \$2 goes towards the session charge of \$50 and the Residents Association subsidises any shortfall.

#### **Doctor**

Doctor Hunter will now be having clinics at the village fortnightly. The next clinic is on Thursday 8 April -2.00pm to 3.45pm -3rd Floor Doctors Room.

Please contact reception if you would like an appointment to see Dr Paul Hunter.

#### **Podiatrist**

Thursday 8 April – 9.00am to 12.00pm – 3<sup>rd</sup> Floor Doctors Room

If you would like to make an appointment to see Paul Hames please contact reception.

#### **Physiotherapist**

Darrell has a clinic each Tuesday and works from the Doctors Room on the 3<sup>rd</sup> floor. If you would like to make an appointment with Darrell please phone him on 021 046 6777.

#### A.G. Reflexology

If you would like to make an appointment phone Adriana on 027 445 0914.

#### Beautician

Natalie is at the village every Wednesday from 9.30am - 5.00pm and works from the Doctors Room on the  $3^{rd}$  floor. If you would like to make an appointment with Natalie please phone her on 021 145 8542. A price list is available at reception.

#### **Beauty Specials**

20min neck and shoulder massage.

This relaxing massage is given while you are in a reclined seated position.

Pure Bliss.... \$25

#### Or

10min foot massage plus toenail polish.

Put your feet up and relax. \$25

Offers valid until March 31st

# What's on this coming week

#### **Movie Group**

Our film for Tuesday 30 March is The Painted Veil.

Dr Walter gets married to the beautiful Kitty but soon finds out that she is cheating on him. Battling his way through life, he heads to China to fight a dreaded disease that has spread in a village.

Starring - Naomi Watts and Edward Norton.

You are welcome to join us at our Village Theatre on Level 2. The film starts at 7pm. Peter Woolnough



QUIZ NIGHT - Sunday 28 March

ATTENTION QUIZZERS. Following lockdown the 2021 Quiz Season will now kick off on **SUNDAY 28 MARCH** commencing at 7.00pm in the Lounge, Level 3. So, get your teams together and resume practicing. As with the cancelled February night, we would, ideally, like to increase the number of contestants to the 80+ that used to turn up in years gone by. That would make a big difference to the prize money! Fifty participants work but the prize money is lower and the end of year "handout" is also lower. If you wish to take part, turn up on the 28<sup>th</sup> and we will place you into a team. Some of the newer residents might like to come along and slot into a team or make a team of their own.

The subjects for the first night are the ones originally set down for 28 February and are: **General Knowledge** 1, The Films of Alfred Hitchcock, New Zealand (all things Kiwi), Capital Cities, 1992 (all that happened in 1992), and General Knowledge 2.

We look forward to seeing you there!

#### Fairview Fellowship

Monday 29<sup>th</sup> March at 3pm. **Note change of venue**Meet in 3<sup>rd</sup> Floor Sun Room Lounge.

A friendly invitation to all who would like to join with our group encouraging each other in our Christian faith. Convenor: Bronwen Charlesworth

## Friday Night Raffle – 19<sup>th</sup> March 2021

After a very busy week, meeting Adrian and of course St. Patrick's dinner we were down a little in numbers, but a happy evening was had by all, particularly our winners.

The dwelling draw was undertaken by Trevor Turner, thank you Trevor and our winner was Nancy Naden, congratulations Nancy.

Barbara Drew very kindly volunteered to draw our raffle winners, who were:

Neville Turner, Marie Collins, Edna Mueller, Ivy Mann, Patrick Knell, Nancy Naden, Diane Turner, Jack Mann, Audrey Ansell,, Mary Gardner, Richard Jones, Les Drew, Bev Barnes, Ces Gunn, Don Gibbs, Clark Robbie and Natasha Ledlie

Congratulations to all our winners.

Daphne Markwick – 478 9803 Raffle Convenor

## **Special Notices**

#### **Outdoor Bowls**

Outdoor bowls will be changing back to afternoons at Easter. The last day for morning rollups will be Thursday 1 April. From Sunday 4 April all rollups will start at 1:15 p.m. Names in by 1 p.m. If there are any new residents who would like coaching to learn how to play bowls, please make yourself known to our bowlers, or contact me on 479 4118.

Audrey Ansell

**Bowls Convenor** 

#### John's Jaunts Bus Trips

Wednesday 7<sup>th</sup> April...... Ruakaka – leaving at 10am Bookings and queries please phone John Gardner 479 9318.

#### **Heat Pump Service**

I am told by the experts that heat pumps require servicing on an annual basis but if your unit is not often used then every 2 years would suffice. The information below is from Neil Duff, Heat Pump Cleaning specialist <a href="https://www.heatpumpclean.co.nz">www.heatpumpclean.co.nz</a>.

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We usually charge \$145 per heat pump service but because I already have more than 10 in the village that I service we can do them for \$100 inc gst.

#### The service involves:

> Indoor Unit

- > Check the operating temperature and airflow efficiency before and after service.
- > Remove filters and spray with a degreaser that kills any bacteria or fungi growing on them. Then scrub them clean.
- > Spray a degreaser on the coils and fan motor. We then use a special steam machine to get in to the tight spots and get rid of fungi or bacterial growing inside. We catch all the dirt in a bag underneath.
- > . Remove any fine dust in and around the unit.
- > Change remote batteries if they need changing.

>

#### **Outdoor Unit**

- > Apply cleaning solution to fins and coil.
- > · Clear foliage from around outside unit.
- > · Clean intake screens.
- Clean and check fan blades.
- > . Test and check noise levels.
- > . Check for any vermin, if any, spray with bug killer.
- > Please book your service on 0800 225 327 and pay the serviceman directly.

#### Gareth's Puzzle

You are driving a bus. At the first stop, two women get on. At the second stop, three men get on, and one woman gets off. At the third stop, three kids and their mum get on, and a man gets off. The bus is grey, and it is raining outside. What colour is the bus driver's hair? **Answer** – you are the driver!

#### This week's puzzle

1 3 5

2 4 ?

What is ? and the answer is not 6.

# Fairview Village

# Anzac Dinner

Sunday 25<sup>th</sup> April 2021 \$25

# Menu Menu

Herb crusted rack of lamb with red wine sauce

Pommes Anna

Sautéed spinach

Balsamic roast pumpkin

Lemon cheesecake in an Anzac crust with poppyseed and lemon tuille

## WEEKLY SCHEDULE 29 March – 4 April 2021

OFFICE 477 3900 / NURSES Ph 477 3951 or Mob 021 861 706 / BLOKES SHED 477 3966

Mon 29 March	Hair Salon	9.30am	3 <sup>rd</sup> Floor Salon with Kim
	Strength and Balance	10.30am	2 <sup>nd</sup> Floor Lounge
	Line Dancing	4.00pm	2 <sup>nd</sup> Floor Lounge
	Happy Hour	5.00pm to 6.00pm	3 <sup>rd</sup> Floor Main Lounge
Tue 30 March	Mini Bus –Albany Westfield	9.15am/9.45am/10.15	Return: 10.30am/11.00am/11.30ar
	Croquet (Weather Permitting)	9.00am	Croquet Green
	Outdoor Bowls	9.15am	Meet at 9.15am for 9.30am sta
	Mahjong	1.00pm	3 <sup>rd</sup> Floor Games Room
	Tai Chi	2.30pm	2 <sup>nd</sup> Floor Games Room
	Poi Dance and Stick Games		In recess until 4th May
	Movie Group	7.00pm	The Painted Veil
Wed 31 March	Hair Salon	8.30am	3 <sup>rd</sup> Floor Salon with Margaret
	Beautician	9.00am	3 <sup>rd</sup> Floor Doctors Room
	Petanque	9.30am	Petanque Court
	Scrabble	1.30pm	3 <sup>rd</sup> Floor Games Room
	Happy Hour	5.00pm to 6.00pm	3 <sup>rd</sup> Floor Main Lounge
Thu 1 April	Hair Salon	8.30am	3 <sup>rd</sup> Floor Salon with Margaret
	Private Function	8.30am to 4.00pm	Level 2 Theatre
	Croquet (Weather Permitting)	9.00am	Croquet Green
	Outdoor Bowls	9.15am	Meet at 9.15am for 9.30am sta
	Bus to Milford	11.30am	Return: 2.00pm
	Painting & Calligraphy		In Recess
	Dr. Hunter		Next Clinic is Thurs 8 <sup>th</sup> Apri
Fri 2 April	Mini Bus – Browns Bay	No Bus Today	Return: 10.30am/12.00pm
	Hair Salon	Salon Closed	3 <sup>rd</sup> Floor Salon with Kim
	Rummikub	1.00pm	3 <sup>rd</sup> Floor Games Room
	Friday Night Raffle	4.00pm to 6.00pm	3 <sup>rd</sup> Floor Main Lounge
	Happy Hour	4.15pm to 6.00pm	3 <sup>rd</sup> Floor Main Lounge
Sat 3 April	Croquet (Weather Permitting)	9.00am	Croquet Green
	Cards 500	9.45am	3 <sup>rd</sup> Floor Games Room
	Indoor Bowls	1.00pm	2 <sup>nd</sup> Floor Games Room for 1.15pm
Sun 4 April	Outdoor Bowls	1.00pm	Meet at 1.00pm for a 1.15pm star
	Happy Hour	5.00pm to 6.00pm	3 <sup>rd</sup> Floor Main Lounge

# RELISH CAFÉ

29 MARCH - 4 APRIL 2021

LUNCH MENU

10AM - 2PM

# THIS WEEK'S SPECIALS

# JAPANESE FRIED CHICKEN & STUFFED FIELD MUSHROOM *GF* \$11

Free-range chicken, egg white, Sake soy dipping sauce, Portabello mushroom, rice, courgette, tomato, eggplant, cheese

## SALMON FILLET GF \$15

Baked boneless salmon fillet with lemon juice, herb hollandaise, lemon & dill creamed potato, slow-roasted roma tomato, fresh lemon.

# OXTAIL & BARLEY POTTAGE \$11

Oxtail meat, piquant gravy, potato barley, onion, , celery, carrot, garlic pistolet bread roll.

## **TOASTED CHICKEN CLUB \$11**

Free range chicken, free range egg, bacon, cos lettuce, chutney, mayo, shoestring fries *GF available* 

### NAKED BEEF BURGER \$11 GF

Hash brown, grilled beef patty, melted cheese, mustard, gherkin, aioli, tomato relish, seasonal greens, tomato, poached egg

# CHICKEN CITRUS FILO BASKET SALAD \$11

Filo pastry basket, pan-fried free-range chicken tenderloins, thyme, lemon juice, baby cos lettuce, snow peas, fresh orange



### **DINNER MENU**

29 MARCH - 4 APRIL 2021

NORMAL \$17 SMALL \$12 Dinner bookings by 1pm 477 3957

# MONDAY 29 MARCH SEAFOOD CHOWDER Garlic pistolet bread roll

# TUESDAY 30 MARCH LAMB SHANKS GF

(no small meals)
Mashed potato with chives
Broccoli & lemon sauce
Ratatouille

# WEDNESDAY 31 MAR CARVERY NIGHT GF

Pulled pork
Or
Stuffed free-range chicken
breast wrapped in bacon
Roast potatoes
Roast seasonal vegetables
Green beans

## THURSDAY 1 APRIL

LAMB TAGINE GF

Creamed potato
Silverbeet
Roast squash

# FRIDAY 2 APRIL SEAFOOD BASKET

Fresh lemon, tartare sauce Steak-cut chips Seasonal salads *Gf pan-fried fish available* 

# SATURDAY 3 APRIL STICKY BRAISED BEEF BRISKET

Creamed kumara Crumbed cauliflower Peas & carrots

# SUNDAY 4 APRIL GRILLED TUNA BELLY GF

Potato au gratin Roast carrots Wilted spinach

## **DESSERTS**

Poached peach & custard tart\_ \$4.30

Layered passionfruit pavlova\_\$3.5

Blueberry & lime cheesecake \$3.5

#### **GLOSSARY**:

<u>Lamb tagine</u> – Lamb rump slowly cooked with tomatoes, onion, vegetables, herbs and spices, and diced dates that melt away and give a deep but not too-sweet flavour. Finished with chopped coriander.