

# The Village News



Reception Phone: 477 3900 Nurses 24 hours: 021 861 706 **12 April – 18 April 2021 No. 163**

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## Village Manager's Corner

I am sure that we had a great Easter and are all happy to be back and working our way through the aftermath of the eggs and the hot cross buns. I did notice that the chocolate eggs left at reception over the weekend were not to be found when I returned to work on Tuesday, I am sure it was the village bunnies that got stuck into them.

The Man Shed team in the village is worth a mention this week. The team has been working with Bill from projects in taking out the kitchen cabinets from some villas we have being refurbishing. Bill has mentioned that the workmanship has been very impressive, so thank you gents, from the Fairview team. It is greatly appreciated.

The gardening team have asked if the sack cloth that they have laid down while the lawn grows could be left in place. Thank you to the residents that have been informing reception that they are happy for Roger to visit their gardens.

The Bowling Tournament is fast approaching with the dates being changed to the 19<sup>th</sup> of this month due to the weather. I am personally excited for this being my first tournament at the village. I will be watching closely. No pressure.

Fairview Avenue roadworks:

The project has hit a couple of snags. There are some issues with the creek. The timeline currently is 3 weeks until the road works are to be completed. The weather has not played its part, I have been informed that the rain has slowed the process.

We have been approached by Auckland council with regards to Inorganic Day and we are currently waiting for a date. For all the new residents: please formalize yourself with the designated collection point, which is behind the lodge, to the right of the southern basement garage door.

Please can I ask that cars do not park at the lodge entrance, as this is causing a bit of congestion.

An important day to note: this week is National Carbonara Day. This is Italy's most cherished dish. I would suggest not using white sauce, a great dish to have with the family on the weekend!!!

Kind regards,  
Adrian Mc Inroy



## Nurses Corner

Hi All

### Influenza Immunisation

The consent forms are at the front desk for you to fill in and return.

I need all consents back by next Tuesday the 13<sup>th</sup>, no exceptions. After this date you will have to receive your immunisations from your own Doctor.

Please note that the flu injections will not be available to anyone under 65 until late May. If you have any queries from family and friends as to why they are unable to get immunised, it is all hands on deck for 65 and over first. This is so there is time in between (at least 2 weeks) for the Covid injections.

Dr Hunter will be here at 2pm on Thursday the 15<sup>th</sup> of April, Sharon his nurse will come with him to administer the injections.

Northcross Pharmacy will be here at 9am Friday the 16<sup>th</sup> April.

Both clinics will be held in the doctor's rooms.

We of course do ask that after your injection you stay around the lodge, either in the library, games room or dining room just in case there are any adverse reactions.

### Emergency Bell Audit

Carmen is continuing this when time permits. She will leave a card to say she has called if you are not at home.

### Smoke Alarms

Can you please alert the Nurse on duty if you have burnt anything. Alarms do come through to us but if they don't we need to check on why and have it assessed and fixed as soon as possible.

### Sailors

During the Americas Cup I was looking around the Dining Room and realised how many people in the Village are, have been, or are related to sailors. We have past commodores, mothers of Americas cup sailors, boat builders etc and when I have been out and about in the Village, I have seen ship wheels, paintings and photos. I'm just putting it out there, and someone may want to take charge of this, but with so much boating experience within the Village, maybe a Sailors club can be formed where you can reminisce, exchange stories and get the salt flowing back through your veins.

### My News

Had a lovely time sailing to Great Barrier last Friday, made good time there but 9 hour slog home on Monday – the good with the bad.

Waiting game now for baby number 4 from daughter number 3. This is her first so all excitement. Another boy to even out the balance of power in the family.

Stay well everyone.

Catharina 😊

## Housekeeping

We are missing a teal green cushion from the 3<sup>rd</sup> floor lounge. If you have seen this cushion please let reception or housekeeping know.

Thank you.

Sue

## Food Service Update

Hello to all residents.

### **Dessert Cabinet options from tonight:**

*You are invited to Desserts @Relish  
Where your daily options are more-ish  
So if you plan on stopping by  
Do yourself a favour and try  
Some of the Chef's Selection of the day  
Before they are whisked by others away  
Possibly a tempting plate or two  
To delight your tastebuds and lighten your mood*

### **Weekly patisserie prize draw:**

A reminder, the first draw is this Saturday!!

Don't be shy, we would love to hear all your stories. It may be as simple as a beef stew you enjoy on a cold winters night.

Don't be too concerned about exact amounts, or presentation of your recipe and story, what you love and enjoy is more important!

And in case you missed it, here are the details again.

The winner will be the fabulously lucky recipient of anything from a decorated gingerbread house, to a Black Forest torte, and everything in between.

*'Everyone has a story to tell. And we love hearing them as much as we love food.*

*So to combine the two, we would love to collect your stories about food, and the recipes that go along with it.*

*One lucky resident will win one of our sensational patisserie creations, drawn at dinner on Saturday nights. There will be a draw every week.*

*To enter, place your recipe and story in the box provided in the café. This may be something from your childhood, a romance, things your grandchildren love, a war-time dish your parents made, something funny and fondly remembered, or just downright awful!*

*I remember working in a private hospital in my early 20's, and a Doctor was a patient getting his foot amputated due to Diabetes complications. He detested onions, as his grandmother used to give him an onion juice cure-all concoction when he was child. The things that stick in one's mind.*

*We will publish the winning entry in the newsletter the following week, and we could even get a village book made!'*

*Good luck, and thank you to all for your support and enthusiasm.'*

### **Coffee loyalty cards:**

We do have loyalty cards available, so you are treated to every 10<sup>th</sup> cup on us.

Be sure to ask for a new one once yours is completed, and we do keep them at the counter as well, with your name on, if this suits you better.

### **Cakes and catering:**

A reminder that we do offer out catering, cakes and tarts to order for special occasions and events, whether for yourself, or family, friends, or groups.

Have a wonderful week, and see you in the café.

Warm regards  
Marion

## **Strength and Balance**

Monday 12 April at 10.30am 2<sup>nd</sup> Floor Lounge.

Please remember to bring your water bottles – it is very important to keep your liquids up.

## **T'ai Chi**

Tuesday 13 April at 2.30pm in the 2<sup>nd</sup> Floor Games Room.

Your \$2 goes towards the session charge of \$50 and the Residents Association subsidises any shortfall.



## **Doctor**

Thursday 15 April – 2.00pm to 3.45pm – 3<sup>rd</sup> Floor Doctors Room.

Please contact reception if you would like an appointment to see Dr Paul Hunter.

## **Podiatrist**

Thursday 22 April – 9.00am to 12.00pm – 3<sup>rd</sup> Floor Doctors Room

If you would like to make an appointment to see Paul Hames please contact reception.

## **Physiotherapist**

Darrell has a clinic each Tuesday and works from the Doctors Room on the 3<sup>rd</sup> floor. If you would like to make an appointment with Darrell please phone him on 021 046 6777.

## **A.G. Reflexology**

If you would like to make an appointment phone Adriana on 027 445 0914.



## **Beautician**

Natalie is at the village every Wednesday from 9.30am – 5.00pm and works from the Doctors Room on the 3<sup>rd</sup> floor. If you would like to make an appointment with Natalie please phone her on 021 145 8542. A price list is available at reception.



## What's on this coming week

### WELCOME TO NEW RESIDENTS

On **Friday 9<sup>th</sup> April** at our normal Happy Hour and Raffle we will be welcoming those new residents who have entered the village after lock down a year ago.

Due to Covid restrictions we have not had a welcoming event for those who have joined us during the past year. Some are now well settled in but others are still making their way and this will be a great opportunity for you all to meet our new residents.

Robyn Rangi our Sales Manager will introduce the new residents to you all at 4.45pm on the 9<sup>th</sup> April. Please wear name badges so that people know who you are. Management are welcome to attend.

Bruce Draper  
Residents Committee

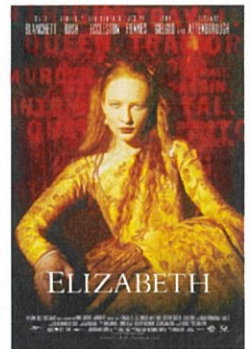
### Movie Group

Our film for Tuesday 13 April is **Elizabeth**.

The early years of the reign of Elizabeth 1 of England and her difficult task of learning what is necessary to be a monarch.

Starring Cate Blanchett and Liz Giles.

You are welcome to join us at our Village Theatre on Level 2. The film starts at 7pm.  
Peter Woolnough



### Friday Night Raffle – 2<sup>nd</sup> April 2021

A very enjoyable time would appear to have been had by all. 3 kilos of small Easter eggs disappeared and our giant eggs were won by Natasha Nevill and Barbara Drew, well done; hope you didn't eat them all at once!

The dwelling draw was undertaken by Denis McCarthy and our winner was Brenda Lee, congratulations Brenda. Gareth Hancock was our birthday boy for the evening and volunteered to draw our raffle, thank you Gareth.

Our winners were: Richard Jones, Ledlie Nevill, Dulcie Kortegast, Luella Jacobson, Tom Wilkinson, Nancy Cotton, Brenda Lee, Pat Gill, Chris Fitzpatrick, Lois Hadfield, Monica Renwick, Pamela Glaum, Brian Dalbeth, Richard Jacobson, Gwen Gibbs, Daphne Markwick, Diane Brown, Bruce Draper, Dorothy Halliday, Pam Davies, Barbara Drew and Patrick Knell.



We look forward to seeing you next Friday when we will have the chance to officially meet some of our new residents.

Daphne Markwick – 478 9803  
Raffle Convenor

## EAST COAST BAYS CATHOLIC PARISH

Our April Liturgy Service will be held in the Sun Room, 3<sup>rd</sup> Floor on Friday 16 April at 11.00 am.

As always, we continue to enjoy the full support of our Parish with generally one of our Priests being present to celebrate Mass, and to lead us at our monthly gatherings.

Following the service, we will enjoy a light lunch in the main lounge.

A warm invitation is extended to all who may wish to join us in prayer and friendship.

Contacts: Natalie Turner Ph: 479 9527 or Denis O’Ryan Ph: 473 9198

### QUIZ NIGHT — Sunday 18 April

It is reassuring to know that Fairview residents are a salubrious group who only read wholesome literature, as nobody could answer the question “What was Lady Chatterley’s given name?” at Quiz Night on 28<sup>th</sup> March. Congratulations to **The Pioneers**, 1<sup>st</sup> with 55.5 points, they got one word wrong for half a point. **The Iris Watchers** were 2<sup>nd</sup> with 55 points and **The Mixed Nuts** were third with 54 points.

Congratulations also to Brian Glaum who received the special prize for knowing Martin Donnelly’s score was 206 when he made the first double century for New Zealand in a test match. A special welcome to all the new players to Quiz Night, we hope you enjoyed yourselves.



We have some great questions for the April quiz, which is a week early due to Anzac Day. The subjects are: **General Knowledge1, Lord Mountbatten, Assassinations, In Which Year (did events happen), Baby Boomer Music and General Knowledge2.** Get those computers working! We will see you at 6.45 Sunday 18 April, with pencils sharpened and brains engaged.

### Barbara’s Patch

We would all like to thank Barbara for creating such a vibrant and colourful garden (outside the gym). To walkers, joggers? and gardeners it is, as Lynn of Tawa would say, “a visual symphony!”

Thank you so much.  
Angela & Peter

### Gift Table

The gift table is now located in the Games Room. Please come and look at the lovely gifts supplied by Ann of A & B Giftware.



Can you guess which staff member this is?  
Can you believe she was 4 lbs 10 oz born.



## **Special Notices**

### **FAIRVIEW LIFESTYLE VILLAGE RESIDENTS ASSOCIATION INCORPORATED ANNUAL GENERAL MEETING**

The Resident's Association Annual General Meeting is to be held on Thursday 6th May 2021 at 10.30am in the 3<sup>rd</sup> floor lounge.

Nominations for the Committee close on the 29<sup>th</sup> April at 12 noon.

The nomination sheet will be on the main notice board from 8th April.

The Committee meets once a month to conduct the Association's business. Reports are considered regarding the various aspects and facilities in the village; liaison with the Village Manager and consideration of requests for financial support from Village activities groups are an important part of the Committee's role.

Any Notice of Motion for the AGM to consider must be with the Secretary by 15<sup>th</sup> April 2021, signed by both the Proposer and the Seconder to be valid.

Bruce Draper  
President/ Secretary

### **GARDEN GROUP APRIL OUTING - MONDAY APRIL 19th - 9.30am departure**

Hello everyone, this month we are going to visit the Greenlaw Gardens in Helensville. This will be about an hour's drive through our lovely countryside to arrive at the gardens in time for a leisurely walk around before a yummy homemade lunch. Immediately around the house is suitable for walkers and there are plenty of seats plus the veranda to sit on.

Entry and lunch \$18. Please have the right money to pay at 9.15am before we leave at 9.30am.

Please ring Judy Walker (4755773) to put your name down, or if you have any queries, by Thursday 15 April.



## Heat Pump Service

I am told by the experts that heat pumps require servicing on an annual basis but if your unit is not often used then every 2 years would suffice. The information below is from Neil Duff, Heat Pump Cleaning specialist [www.heatpumpclean.co.nz](http://www.heatpumpclean.co.nz).

We usually charge \$145 per heat pump service but because I already have more than 10 in the village that I service we can do them for \$100 inc gst.

The service involves:

### Indoor Unit

- Check the operating temperature and airflow efficiency before and after service.
- Remove filters and spray with a degreaser that kills any bacteria or fungi growing on them. Then scrub them clean.
- Spray a degreaser on the coils and fan motor. We then use a special steam machine to get in to the tight spots and get rid of fungi or bacterial growing inside. We catch all the dirt in a bag underneath.
- Remove any fine dust in and around the unit.
- Change remote batteries if they need changing.

### Outdoor Unit

- Apply cleaning solution to fins and coil.
- Clear foliage from around outside unit.
- Clean intake screens.
- Clean and check fan blades.
- Test and check noise levels.
- Check for any vermin, if any, spray with bug killer.

Please book your service on 0800 225 327 and pay the serviceman directly.

## Gareth's Puzzle

### This week's riddle

A riddle this week: What am I?  
With pointed fangs I sit and wait  
With piercing force I crunch out fate  
Grabbing victims, proclaiming might  
Physically joining with a single bite

### Answer

A Stapler.

### This week's puzzle

Imagine a plane is sitting on a massive conveyor belt, as wide and as long as a runway. The conveyor belt is designed to exactly match the speed of the plane, but moving in the opposite direction. Can the plane take off?





## Get your Rinnai gas appliance serviced and SAVE

**Question:** How often should a gas appliance be serviced and checked for safety?

**Answer:** At least every two years!

In the lead up to winter, the team at Gas Appliance Specialists (2005) Ltd have offered to visit the Village once again. They will be at the village on **Monday 24<sup>th</sup> of May 2021**.

**Exclusive Fairview Village Offer** (must be a minimum of 10 appliances serviced at the village on the same day)



|   |  |
|---|--|
| <b>Rinnai Flame Fire Service &amp; Gas Safety</b><br>Certificate<br>(parts additional)  | \$180.00+GST<br>(\$207.00 including gst) |
| <b>Rinnai INFINITY Service &amp; Gas Safety</b><br>Certificate<br>(parts additional)  | \$150.00+GST<br>(172.50 including gst)   |
| <b>Rinnai Convactor Service &amp; Gas Safety</b><br>Certificate<br>(parts additional)   | \$150.00+GST<br>(172.50 including gst)   |
| Note: For more than one appliance <u>at the same villa</u> , a further \$40.00+GST discount will apply for the second heater. |  |

### Service Includes:-

- Complete strip down of appliance
- Cleaning of fan/s
- Cleaning of burners and combustion chamber
- Adjustment of ignition and flame rods
- Reassembling and re-commissioning
- Recalibration of gas valve
- Testing operation; and
- Issuing a Gas Safety Certificate

Please note that any parts would be an additional cost. Servicing a gas fire often includes the replacement of some parts - we have listed some examples below.

Pilot \$58.49+GST (recommended at each service - some fires have two pilots)

Glass seal \$43.50+GST (sometimes)

Paint \$16.00+GST (sometimes)

...

**If you would like your Rinnai gas appliance serviced please contact reception by Tuesday 4<sup>th</sup> May.**



# *Fairview Village*

## *Anzac Dinner*

Sunday 25<sup>th</sup> April 2021      \$25

### [Category] *Menu*

Herb crusted rack of lamb with red wine sauce

Pommes Anna

Sautéed spinach

Balsamic roast pumpkin

Lemon cheesecake in an Anzac crust with  
poppyseed and lemon tuille

Please pay at reception by Monday 19<sup>th</sup> April

## WEEKLY SCHEDULE 12 April – 18 April 2021

**OFFICE 477 3900 / NURSES Ph 477 3951 or Mob 021 861 706 / BLOKES SHED 477 3966**

|                     |                              |                     |   |
|---------------------|------------------------------|---------------------|---|
| <b>Mon 12 April</b> | Hair Salon                   | 9.30am              | 3 <sup>rd</sup> Floor Salon with Kim              |
|                     | Strength and Balance         | 10.30am             | 2 <sup>nd</sup> Floor Lounge                      |
|                     | Line Dancing                 | 4.00pm              | 2 <sup>nd</sup> Floor Lounge                      |
|                     | Happy Hour                   | 5.00pm to 6.00pm    | 3 <sup>rd</sup> Floor Main Lounge                 |
| <b>Tue 13 April</b> | Mini Bus –Albany Westfield   | 9.15am/9.45am/10.15 | Return: 10.30am/11.00am/11.30am                   |
|                     | Croquet (Weather Permitting) | 9.00am              | Croquet Green                                     |
|                     | Outdoor Bowls                | 1.00pm              | Meet at 1.00pm for 1.15pm start                   |
|                     | Mahjong                      | 1.00pm              | 3 <sup>rd</sup> Floor Games Room                  |
|                     | Tai Chi                      | 2.30pm              | 2 <sup>nd</sup> Floor Games Room                  |
|                     | Poi Dance and Stick Games    |                     | In recess until 4 <sup>th</sup> May               |
|                     | Movie Group                  | 7.00pm              | <b>Elizabeth</b>                                  |
| <b>Wed 14 April</b> | Hair Salon                   | 8.30am              | 3 <sup>rd</sup> Floor Salon with Margaret         |
|                     | Beautician                   | 9.00am              | 3 <sup>rd</sup> Floor Doctors Room                |
|                     | Petanque                     | 9.30am              | Petanque Court                                    |
|                     | Scrabble                     | 1.30pm              | 3 <sup>rd</sup> Floor Games Room                  |
|                     | Ball Drumming                | 3.00pm              | 2 <sup>nd</sup> Floor Lounge                      |
|                     | Happy Hour                   | 5.00pm to 6.00pm    | 3 <sup>rd</sup> Floor Main Lounge                 |
| <b>Thu 15 April</b> | Hair Salon                   | 8.30am              | 3 <sup>rd</sup> Floor Salon with Margaret         |
|                     | Croquet (Weather Permitting) | 9.00am              | Croquet Green                                     |
|                     | Outdoor Bowls                | 1.00pm              | Meet at 1.00pm for 1.15pm start                   |
|                     | Bus to Milford               | 11.30am             | Return: 2.00pm                                    |
|                     | Painting & Calligraphy       |                     | In Recess   |
|                     | Dr. Hunter                   | 2.00pm              | 3 <sup>rd</sup> Floor Doctors Room                |
| <b>Fri 16 April</b> | Mini Bus – Browns Bay        | 9.15am/10.15am      | Return: 10.30am/12.00pm                           |
|                     | Hair Salon                   | 9.30am              | 3 <sup>rd</sup> Floor Salon with Kim              |
|                     | Catholic Liturgy             | 11.00am             | 3 <sup>rd</sup> Floor Sun Room                    |
|                     | Rummikub                     | 1.00pm              | 3 <sup>rd</sup> Floor Games Room                  |
|                     | Friday Night Raffle          | 4.00pm to 6.00pm    | 3 <sup>rd</sup> Floor Main Lounge                 |
|                     | Happy Hour                   | 4.15pm to 6.00pm    | 3 <sup>rd</sup> Floor Main Lounge                 |
| <b>Sat 17 April</b> | Croquet (Weather Permitting) | 9.00am              | Croquet Green                                     |
|                     | Cards 500                    | 9.45am              | 3 <sup>rd</sup> Floor Games Room                  |
|                     | Indoor Bowls                 | 1.00pm              | 2 <sup>nd</sup> Floor Games Room for 1.15pm start |
| <b>Sun 18 April</b> | Outdoor Bowls                | 1.00pm              | Meet at 1.00pm for a 1.15pm start                 |
|                     | Happy Hour                   | 5.00pm to 6.00pm    | 3 <sup>rd</sup> Floor Main Lounge                 |

# RELISH CAFÉ

12-18 APRIL 2021

LUNCH MENU

10AM – 2PM

WE ALWAYS USE FREE-RANGE CHICKEN,  
EGGS AND BACON

## THIS WEEK'S SPECIALS

### CUBAN SANDWICH \$11

Cuban long bread roll, slow-roasted pork, shaved ham sirloin, swiss cheese, sliced gherkin, Cuban dressing (mustard, mayo, seasonings), press toasted

### LADIES LUNCH \$11

Home-made mini quiche, smoked salmon & avocado rye sandwich stack, fruit tartlet, T2 tea of your choice

### LAMB SHANK PIE \$10

Whole baked shank, red wine jus, diced potato, carrots, celery, onion, garlic, sour cream pastry topping

### TOASTED CHICKEN CLUB \$11

Chicken tenderloin, fried egg, bacon, cos lettuce, chutney, mayo, shoestring fries

*GF available*

### SALT & PEPPER CALAMARI \$11

Crumbed calamari, fresh lemon, tartare sauce, shoestring fries, side salad

### GREEK SALAD *GF* \$10

Baby cos lettuce, red & yellow cherry tomatoes, shaved red onion, cucumber, kalamata olives, feta, home-made citrus dressing

Add chicken / smoked salmon / bacon \$3

### MUSHROOMS ON TOAST \$11

Creamy mixed mushrooms, 2 brioche toast, crumbled feta, toasted pine nuts

Add bacon \$3

*GF available*




# RELISH CAFÉ

## DINNER MENU

12-18 APRIL 2021

NORMAL \$17 SMALL \$12

Dinner bookings by 1pm

 477 3957

### MONDAY 12 APRIL

#### BEEF POT ROAST

Silverbeet & creamed potato  
Ratatouille

### TUESDAY 13 APRIL

#### CANADIAN SEAFOOD CHOWDER GF

Home-made focaccia bread

### WEDNESDAY 14 APRIL

#### CARVERY NIGHT **GF**

Roast pork loin, gravy, apple  
sauce Or

Rosemary & orange roast  
chicken

Whole baked potato, sour  
cream & fresh chives

Glazed julienne carrots &  
parsnips

Broccoli with lemon sauce

### THURSDAY 15 APRIL

#### TENDER FRENCH LAMB STEW

Creamy mashed potatoes

Minted garden peas, roast carrots

### FRIDAY 16 APRIL

#### KINGFISH ROASTED IN BUTTER

**GF**

Or

#### GRILLED FRESH SARDINES **GF**

Fresh lemon

Home-made tartare sauce

Crispy potato wedges

Seasonal salad buffet

### SATURDAY 17 APRIL

#### INDIVIDUAL CHICKEN & MUSHROOM PITHIVIER

Buttered silverbeet,

### SUNDAY 18 APRIL

#### GRILLED SCOTCH FILLET **GF**

(no small meals, medium-well done)

Whisky cream sauce

Steak-cut chips

Tomato mozzarella salad stack

Broccoli & cauliflower au gratin

## DESSERT CABINET

Daily selection, prices vary

## GLOSSARY :

Grilled fresh sardines – whole sardines pan-fried with olive oil, lemon, salt, New York black pepper, and lots of parsley.

Kingfish roasted in butter – a firm flaked, rich and sweet, slightly meaty fish, rubbed both sides with butter, paprika, lemon juice, lemon zest, and parsley and chives.

Chicken & mushroom pithivier – a round, enclosed dome-shaped puff pastry pie, with a scalloped edge and scored spiral design on top.

Canadian seafood chowder – a hearty soup with a creamy base, and a mix of vegetables like potato, carrot, onion and celery, loaded with seafood – mussels, prawns, white fish, with dill and lemon zest.

Ratatouille – French vegetable stew in a tomato base with eggplant, courgetti, onion, garlic and red capsicum